Principal’s News

Welcome back to Term 2, a term that is generally considered to be one where we consolidate our existing learning programs and continue to build on our future programs and outcomes.

Next week our students in Years 3 and 5 will be participating in NAPLAN. There is much information available regarding these tests including the fact that it is a National series of tests and conducted across all school sectors. Any parent is entitled to withdraw their child from either all of the NAPLAN papers or one particular NAPLAN paper. I would also like to remind parents that this information is only part of the information that should be looked at to gain an understanding of how a child is performing. To gain an accurate picture, many aspects of student growth and achievement need to be taken into account. If you would like to discuss either NAPLAN or any aspect of your child's learning profile please make an appointment with your child's teacher.

This term is also a busy term in sport with a number of teams ready to participate in PSSA knockouts, competitions and selection trials.

As jumpers come on and off with play and movement across the playground, could parents please ensure that all clothing is clearly labelled with the student's name.

Finally, School Photos will be going home with students this week. Please keep an eye out for them in your child’s school bag.

Upcoming Events – Click on link below to see our Calendar


To create a passion for lifelong learning with a commitment to innovative, flexible & creative thinking.
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National Assessment Program (NAPLAN) – Literacy and Numeracy 2016
Students in Years 3 and 5 will be participating in the NAPLAN assessment program from 10–12 May 2016.
On Tuesday 10 May students will undertake Language and Writing assessments. Wednesday 11 May will be Reading. Thursday 12 May will be Numeracy.
The results of the tests will provide important information to schools about what each child can do and will be used to support teaching and learning programs. Parents will receive a report indicating their child's level of achievement. Each child's achievement will be reported against the national minimum standard. Please make every effort to ensure that you child is present at school on the testing days.
If you have any concerns regarding NAPLAN, please make a time to discuss them with Mrs Lowe.
**Mindfulness Skills, Well Being & Resilience Taster Session**

**MINDFULNESS SKILLS, WELL BEING AND RESILIENCE**

**TASTER SESSION**

**WHAT IS MINDFULNESS: what is the scientific evidence and how does it work?**

**BROULEE PUBLIC SCHOOL**

**Tuesday 17th May 2016 6.00 pm – 7.30pm**

This Taster session is an introduction to the principles of mindfulness, some of the scientific research around mindfulness, mindfulness in education and how it may help children, parents, teachers and sport coaches. It gives participants a chance to try some mindfulness practices for themselves and to learn several mindfulness skills that they can use in daily life and begin to understand how mindfulness can help families and children at home and in the classroom.

The practice of mindfulness can have an influential effect on health, wellbeing and resilience, as shown by scientific and medical evidence. This experiential Taster Session will enable you to understand the main elements of secular mindfulness, current research and the evidence base for the Mindfulness programs based on Mindfulness Based Cognitive Therapy (MBCT) along with how these particular mindfulness programs may be used to enhance your personal wellbeing. You will learn that skills that have the potential to help you relax, improve memory, focus, problem solving and improved performance as well as reduce stress. The techniques are part of a programme developed at Oxford University, in England, where brain scans before and after the mindfulness training show that it may open up new neural pathways and alter the density of grey matter in the brain. Most people report lasting physical and psychological benefits including an increased ability to relax and experience calm.

The Taster Session will include several mindfulness practices, during which you will try bringing attention to the breath and the body. Full instructions will be provided and there will be time for discussion along with the opportunity to have a taste of how mindfulness practices work. If you wish to develop your own daily mindfulness practice then you will be welcome to join the introductory course, at a later stage.

For more information please use google to go onto Jean’s website: [www.mindfulnessaustralia.net.au](http://www.mindfulnessaustralia.net.au). It is possible to enrol through the website and the cost per person is $20.

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Jean Watson is a qualified mindfulness teacher and consultant. She formerly a secondary teacher of biology, Jean has a wide interest in student and teacher wellbeing and pastoral matters in education. She has many years of experience of teaching and educational management at different types of comprehensive schools, independent schools and further education colleges in England and Australia. Jean has been extensively trained in this mindfulness approach and engages in a rigorous on-going process of training and professional development; she has a Masters Degree in Mindfulness Based Cognitive Therapy (MBCT) from Oxford University, specialising in teacher training and mindfulness in education.

Jean has been extensively trained in MBCT at Oxford University ([http://oxfordmindfulness.org/](http://oxfordmindfulness.org/)) which is endorsed by Oxford University ([http://oxfordmindfulness.org/](http://oxfordmindfulness.org/)) and she currently develops and teaches mindfulness programmes with school pupils, university students and lecturers, as well as groups of parents and primary and secondary teachers, in both Australia and in England. Jean helps schools integrate mindfulness into the school curriculum, and has worked very closely with Broulee Public School during the past three years. Jean has been invited to train health workers and teachers in Bhutan and has worked with the government there on the development of the Gross National Happiness programme and holistic assessment techniques for teachers. She is a visiting lecturer at Canterbury Christchurch University in Kent in England, where she runs courses for teachers, parents and health workers in the National Health Service.

Jean has trained to teach teachers and teenagers the 3 Teenage, Paws b and the 3 Foundation courses in the Mindfulness in Schools programme ([http://mindfulnessinschools.org/](http://mindfulnessinschools.org/)) which is endorsed by the Mindfulness in Schools Project ([http://mindfulnessinschools.org/](http://mindfulnessinschools.org/)). Jean has been extensively trained in the mindfulness approach and engages in a rigorous on-going process of training and professional development; she has a Masters Degree in Mindfulness Based Cognitive Therapy (MBCT) from Oxford University, specialising in teacher training and mindfulness in education.

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**Fish Bit Draw**

**Term 1 Week 11**

**Stage 1 Sienna**

**Stage 2 Jemma**

**Stage 3 William**

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P&C News

P&C Meeting
The next meeting of the P&C will be held Thursday 12 May at 7 pm in the Staffroom. All welcome.

Raffle Tickets
Thank you to those families who have sold raffle tickets and helped raise funds for our school. The major raffle will be drawn this Thursday 5 May during assembly.
Please return your tickets, sold or unsold, to the office ASAP so they can be included in the draw.
Winners will be notified by phone and listed in next week's Scoop.
Good luck to all the ticket holders!
Congratulations and farewell to Margaux.

Margaux and her family returns to France early April and this will be her last farewell from Broulee Public School as when she returns in 2017, she will be at high school.

Mr Rutter presented Margaux with an honorary Gold Award.
Bronze Awards


Weekly Class Awards

**FISH:** Fair  Inclusive  Safe  Honest

<table>
<thead>
<tr>
<th>Class Award Winners</th>
<th>Term 1</th>
<th>Week 11</th>
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<tbody>
<tr>
<td>6R</td>
<td>Michael Griffiths</td>
<td>Curtis Hardy</td>
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<tr>
<td>5/6C</td>
<td>James Greenway</td>
<td>Mali Barnes</td>
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<tr>
<td>4/5D</td>
<td>Ashton Ellis</td>
<td>Tielah Foulstone</td>
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<tr>
<td>4H</td>
<td>Jed Taylor</td>
<td>Chloe Dunn</td>
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<tr>
<td>3/4M</td>
<td>Kai Pratt</td>
<td>Hayley Padman</td>
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<tr>
<td>3L</td>
<td>Jordan Delaney</td>
<td>Jed Ware</td>
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<tr>
<td>2F</td>
<td>Matilda Bell</td>
<td>Brendan Wallace</td>
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<tr>
<td>2C</td>
<td>Lachlan McRae</td>
<td>Lachlan Johnson</td>
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<tr>
<td>1E</td>
<td>Bailey Whiting</td>
<td>Laila Barnes</td>
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<td>1J</td>
<td>Annika Thorne</td>
<td>Demi Sullivan</td>
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<td>1G</td>
<td>Maxine Horne</td>
<td>Joe Bos</td>
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<tr>
<td>KD</td>
<td>Samuel Bladen</td>
<td>Tayla Colebrook</td>
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<tr>
<td>KB</td>
<td>Eli Dunn</td>
<td>Aalyiah Moreton</td>
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<td>KW</td>
<td>Layla Lynch</td>
<td>Oakey Dean</td>
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**Principal’s Stickers**


To create a passion for lifelong learning with a commitment to innovative, flexible & creative thinking.
Community News

Twilight Mini Rugby
When: Friday nights 5.30pm to 6.30pm
Where: Captain Oldrey Park, Broulee
Ages: 5 years to 10 years
Dates: Friday 29 April to Friday 1 July
Cost: $45 per child

Mini Rugby – is modified games for younger players, are safe to play yet still challenging. They incorporate altered aspects of adult Rugby laws, such as the size of the ball, the playing area, the length of games, and the number of players on the field, U7 is non-tackle.

Registration – is online – look on our Facebook page ‘South Coast Junior Rugby’ or alternatively, come along on the first night and we will assist you with registration. All parents are encouraged to assist and the weekly barbecues provide a great way to meet new friends and feed the family!

Enquiries to: Secretary – Karyn Starmer 0427 522 227 or Registrar – Kylie Filmer 0414 727 372

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3Bs Playgroup
being belonging becoming

Come and play all welcome FREE

When: Fridays in May 2016
Where: Tomakin-Childrens Playground
What time: 10am - 12pm

For more information contact:
3Bs Coordinator Lisa Heinze
on 0439 519 659

Eurobodalla Shire Council
Invitation
Official Launch of GFSG Inc’s
South Coast Sub-branch

Gifted Families Support Group Incorporated (GFSG Inc.) is a not-for-profit association with the vision to support gifted children, their families and their educators throughout NSW. GFSG Inc. is affiliated with the Australian Association for the Education of the Gifted and Talented (AAEGT) and represents NSW on the National Board.

To celebrate the launch of their South Coast Sub-branch, GFSG Inc. invites everyone over the age of 18 years to attend a special screening of the ‘2E Movie’ on Friday 6th May 2016 at 6.30pm in Lecture Room UG03, Ray Cleary Building, University of Wollongong - Shoalhaven Campus, George Evans Rd, West Nowra. The ‘2E Movie’ follows the personal journey of a group of high school students in Los Angeles who have been identified as 2E or ‘twice exceptional’ - gifted with a learning disability. We are thrilled to have convened three professionals for our extensive Q & A Panel which will comprise of Dr. Catherine Wormald: Senior Lecturer at UOW, Carol Barnes: National Convenor GLD Australia and Melinda Gindy: President GFSG Inc. and Vice-President AAEGT. Cost is $8 (cash only) at the door or $5 pre-register online at http://gfsg.org.au/index.php/whatson/paid-event/2e-movie-night-southcoast or visit our website www.gfsg.org.au. Supper will be served for further information on GFSG South Coast events, or to be added to the mailing list, please contact GFSG South Coast via email southcoast@gfsg.org.au.

Who we are:
Gifted Families Support Group Incorporated is a not for profit association with the vision to support gifted children, their families, and their educators. GFSG Inc. is affiliated with the Australian Association for the Education of Gifted and Talented Children (AAEGT) and represents NSW on the national board.

What we do:
GFSG Inc. committee members draw on their personal experiences raising gifted children, coupled with invaluable advice from experts in the gifted field, to provide families and educators with a range of opportunities for support. In particular, GFSG Inc. aims to provide opportunities for gifted children to connect with ‘like minds’, to provide families the opportunity to openly discuss their own experiences without judgement, and to promote access for educators to quality professional development regarding the education of both gifted and GLD children. GFSG Inc. also supports the AAEGT in advocating for gifted individuals at a national level and is involved in the annual Gifted Awareness Week- Australia.

What we offer at South Coast Sub-branch:
- GEM (Games for Enquiring Minds) K-8 Games sessions
  - Get together and interact with ‘like minds’ in a supportive environment. GEM offers lots of fun including board games and creative challenges.
  - GEM sessions are held in Nowra and Bateman’s Bay.
- Quarterly eNewsletter
- Full Members’ private Facebook group.
- Full Members’ Edmodo
- Our website with event information, Kids Corner, useful links and much more www.gfsg.org.au.
- Non-members are welcome to attend events, though membership discounts do apply. GFSG Inc. welcomes feedback and suggestions for events / excursion venues / seminar topics to be considered for inclusion in the annual program.

Who can join:
Membership application is open to anyone who shares a commitment to supporting the needs of gifted children. Please view our website www.gfsg.org.au for further information regarding membership options.
For further information on GFSG Inc South Coast events, or to be added to the mailing list, please feel free to contact GFSG Inc South Coast via email southcoast@gfsg.org.au.
For further information on membership or other GFSG Inc. events around NSW, please feel free to contact GFSG Inc via email info@gfsg.org.au.